

After ELEVEN years, it's the
SOUTHWEST DIVISION'S

Final
Intermediate
Bowls Workshop

- ◆ NO CHARGE
- ◆ Held at Santa Anita Bowling Green Club

Sunday, October 23
from 11AM until 3:00 PM

Bring a snack, beverage and your bowls!
(and dress pretty for the camera!)
Bring a friend...we'll make it a party!!

Email Cheri Cabot at ccabot2002@yahoo.com
to Reserve your place in the Audience
while the workshop is being professionally videoed!!

Topics Include: ◆ Aiming ◆ Pace ◆ What to Think About When You're Standing on the Mat ◆ The Most Commonly Neglected but *CRITICAL* Delivery Component ◆ Effective Drives and Other Overweight Shots ◆ Rhythm: helpful or harmful? ◆ Etiquette ◆ Stance ◆ Stepping ◆ Preparing for Tournaments ◆ Grip Tips ◆ Balance ◆ The Mental Game ◆ Rules ◆ Teamwork ◆ Using Your *Natural Length* for Weight Management ◆ Living with Luck ◆ Canadian and Australian Techniques ◆ Information needed for leads to become vicesand vices to become skips ! ◆

Conducted by Conrad Melton, Chairman, SWLBA Instruction Committee; USLBA National Umpire in Chief; 1999 Men's SWD Open Triples Champion; Member: Team Southwest 2000; 2001 NWD Open Singles Champion; & Author of "Better Bowls, Tips and Tidbits for Improving and Enjoying Your Game" in BOWLS USA, The Voice of American Lawn Bowling.